

A decorative border in shades of gray surrounds the text. It features intricate scrollwork, floral motifs, and a central circular element with a spiral pattern. The design is symmetrical and elegant.

**MAKING  
MONEY  
MEANINGFUL**





# Your Money Relationship

## TRY THIS: Money and Me

Circle any of the following money mindsets that come close to yours.

### Wisher

**Yearning for more money.** If only you had (some usually unspecified amount of) money, your problems would be solved and you would be happy at last. You may take part in lotteries and other raffles, go to fortune tellers and know exactly what you will do with the money when your luck comes in.

### Struggler

**Can't seem to get beyond making ends meet.** You want more money but somehow it doesn't happen for you. You may know why: it's the economy, or a swindling boss, or the education you never got, or your parents' attitude to money when you were younger...

You work hard and think about money a lot.

### Poverty Addict

**Chasing money away.** You somehow don't feel fully alive unless you are in money chaos or crisis. If money does come in, you manage to chase it away. You are chronically overworked, you consistently under-bill for your services, you regularly lose money...

### Finger Crosser

**Afraid to look.** You have no idea exactly what's in your bank account or what bills are coming your way, and frankly you don't really want to know. If you did, you'd probably have to take some action you'd hate, and anyway, money is too dreary/ incomprehensible/ anxiety-inducing/ boring (insert your adjective of choice).

### Chronic Spender

**Can't keep money.** You may earn levels of income that would have seemed immense when you were younger, but somehow, you're still financially harassed. As soon as money arrives in the bank account, it's gone. In fact, it's often gone before it arrives. A lot of your time goes into moving money from one account to another, averting bounced checks, playing credit card shuffle...

### **Co-Dependent: Sugar Child**

**Never engaging with money, except to spend it.** You have a relative or partner who handles all that and you don't know why that isn't as good as it sounds. Or you know you're being by somebody who decides how you are “allowed” to earn or spend but you don't know how to get out.

### **Co-Dependent: Sugar Daddy or Mummy**

**In a money mess that's not your own.** You consistently foot the bills for another's financial mess. “This is the last time I'm bailing you out...”

### **Big Dealer**

**Overspending today against tomorrow's good fortune.** You know it's only a matter of time before you hit it big and then everybody will finally see who you really are: a somebody. In the meantime, you're hiding and lying.

### **Procrastinator**

**Can't enjoy money, not yet.** You will one day—when you get the right job, or when the children are grown up, or when you retire. Then you'll live a nice, wealthy life, but in the meantime...

### **Binge Spender**

**“Never again”. Until the next time.** You regularly buy things you cannot afford and possibly that you don't even want. Maybe you're not entirely sure why, except that shopping feels good. Briefly.

### **Bargain Chaser**

**Never pays the price.** You expend a lot of time and peace of mind searching out bargains and fretting about what you could have got elsewhere for less. Never mind if it's extraneous to your needs, of poor quality, in need of repair, or took forever to find. It's a bargain.

### **Worrier**

**Fears the great unknown.** You are highly invested in the future. Even if you have money, even a good deal of money, you don't feel wealthy, because ... well, you never know what's ahead.

## Self-Saboteur

**One step forward, then knocked back.** As soon as you get close to any kind of worldly success, something happens: you mess up an opportunity, have to leave your job, have a sudden need to make a major expenditure, and wind up as strapped as before.

## Clinger

**Losing money is the worst.** You vigilantly guard what you have and take every opportunity to make more. Money brings you great anxiety. How should you invest it? Are you managing it in the best possible way? What if you should do something stupid and end up with less than you could have made?

## Never Enough

**Never enough.** You like your work and your earnings are sufficient. You have all the conditions for happiness but... It's never enough. Never enough.

# F-r-e-e-writing Exercise: You & Your Money

Circle your honest response.

- Do you have enough money? YES / NO
- Would you describe yourself as a wealthy person? YES / NO
- Would you like to know how to create more money? YES / NO
- Do you have an understanding of the physical, intellectual, emotional, psychological, creative, and spiritual dimensions of wealth? YES / NO
- Do you understand that how you “do” money is how you “do” life? YES / NO
- Do you hold ideas or attitudes that might be a block in your relationship with money? YES / NO
- Do you understand the roots of these blocks? YES / NO







**TRY THIS: Wealthy Creative Entrepreneur: Money**

Define what true wealth means to you as a number. How much a year? \$\_\_\_\_\_

**Income Streams**

On a scale of 1 to 10, which of the following are most appealing, most possible, and most lucrative for you at this time?

<b>Book Sales</b>	Appealing _____	Possible _____	Lucrative _____
<b>Affiliate Marketing</b>	Appealing _____	Possible _____	Lucrative _____
<b>Consult/teach/coach/</b>	Appealing _____	Possible _____	Lucrative _____
<b>Speaking/Performance</b>	Appealing _____	Possible _____	Lucrative _____
<b>Patronage-individual/group</b>	Appealing _____	Possible _____	Lucrative _____
<b>Short form sales/freelance writing</b>	Appealing _____	Possible _____	Lucrative _____
<b>Membership</b>	Appealing _____	Possible _____	Lucrative _____
<b>Sponsorship/Advertising</b>	Appealing _____	Possible _____	Lucrative _____
<b>Rights Licensing</b>	Appealing _____	Possible _____	Lucrative _____
<b>Other_____:</b>	Appealing _____	Possible _____	Lucrative _____

